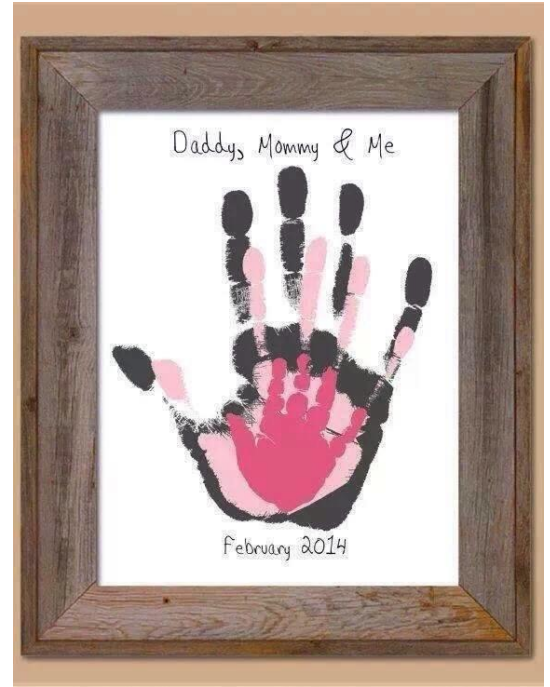


HAND PRINT ART PROJECT

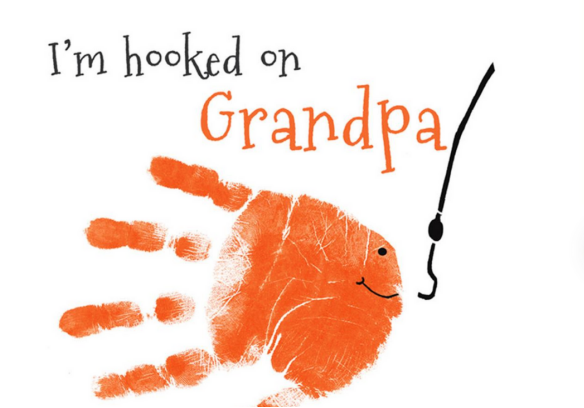
We live in a world where sometimes making time for your family isn't the easiest. And we can limit our ideas based on lack of resources—money or time. However, sometimes it's good to remember that family time can be as simple as just carving out time with your family and doing something together... and in this activity, TOGETHER is KEY!

In this project we want to focus on a craft that is meant to resemble each member of your family and your family as a whole. And we hope to give you many examples of what different representations can look like. Whether your family is a mom and dad with two kids or you and your best friend. Family is diverse and we hope you find a way to express how you see your family in this project.



SUPPLIES

- ✓ Washable Pant
- ✓ Cardstock Paper
- ✓ Pen/Marker



HOW TO:

1. Choose a design from the list of options below or make your own
2. Choose a paint color: maybe assign each family member a different color, Maybe use the same color. You can even take the colors and mix them and make your own color.
3. Carefully paint your hand. Make sure to get all the cracks. You want enough paint to have it transfer on the page. But paint fast, as the paint will dry fast, especially in the heat.
4. Use the marker or pen to add names, words, quotes, or dates
5. Frame picture and hang on the wall of your house or place it on your fridge. This is great to reflect on the memories created.
6. Send AARBF all final project pictures and even pictures of you doing this activity. You can email them or post on social media and add hashtag: #AARBF #GetawayFamilyCamp #VirtualGetawayCamp2020

*Some of you might have lost our hand or fingers due to the burn or other injury. Don't worry! Use whatever part of your hand/fingers you do have... it truly represents you, or try using your foot and toes. There are no wrong ways!